

EXPRESSING YOU!®

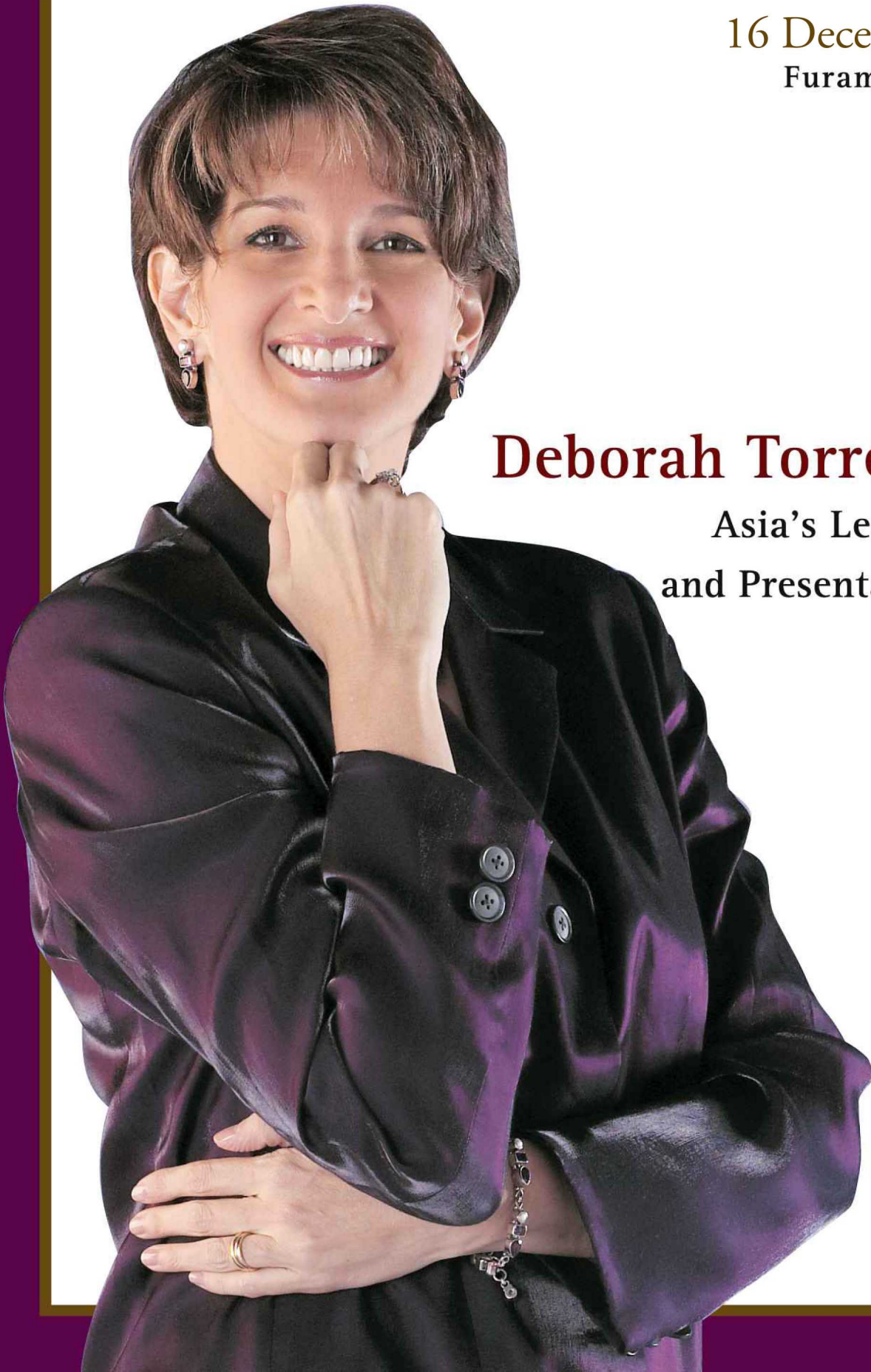
5 Easy Steps to Confident Communication

16 December 2008,
Furama Riverfront,
Singapore

with

Deborah Torres Patel

Asia's Leading Voice
and Presentation Coach



Organised by

PARTNERS
Conference & Event Management
Pte Ltd (Reg. No. 200210370R)

EXPRESSING YOU!®

Before you decide whether you will benefit from this seminar, ask yourself these questions:

- Do you find it difficult to get your point across clearly?
- Do you find it challenging to establish immediate rapport with people face to face or on the telephone?
- Do you struggle to find the right words to express how you really feel?
- Do you feel tense, nervous or anxious before talking to authoritative figures or groups of people?
- Would you like to become a more assertive and consistently confident communicator?
- Would you like to make a more attractive first impression?
- Would you like to find out how you can project a more likeable and confident self when you speak to others?

If you have answered "Yes" to at least 3 of the above, this Seminar is for You! This programme will help you professionally and personally.

No one is born with great communication skills. Yet the world's most influential and memorable leaders have all been extraordinary public speakers. Influential communication is an art form that can be nurtured and grown when you understand how to approach and follow a simple step-by-step process.

Each one of us has our own unique personality and style. Communicating masterfully is about how you can create a marriage between your internal strength and your external voice, so you can speak with confidence, in the world around you. It is about how you can bring your strengths, character and special gifts to fully express who you really are and connect with people.

In this seminar you will learn how to master both verbal and non-verbal communication over time. Deborah Torres Patel has helped tens of thousands of ordinary people become extraordinary communicators using a unique training system she created called Expressing You!®. It is designed to empower you to communicate clearly and effectively while having fun in the process because it is not only the message but also the messenger that must come to life!

At the end of the seminar, you will learn how you can:

- Bring your message to life – 'DO using your body, voice, language, presentation and your audience;
- Increase your effectiveness and clarity;
- Get your message across every time;
- Create a positive and powerful first impression;
- Release physical tension, stress and stage fright;
- Reach out to people and connect with them being who you are.

The ability to present yourself and your ideas powerfully has never been more important than in today's dynamic information age. Speaking well can influence other's views, close a deal, motivate your team, enhance your business, and elevate your reputation.

Come and join us in this fun, practical and productive seminar! Discover how you can become an excellent communicator! If you are ...

- Searching for your own special gift to share with others;
- Looking for how you can shine brightly in your own, magnificent way;
- Finding out how you can get the courage, to be uniquely, creatively, and powerfully, Expressing You;

You'll greatly benefit from this exceptional learning experience where you can learn to enjoy the process of lifting your voice up, taking your spirit higher and bringing your communication to the next level.

Testimonials

"Very good energising speaker. Very in touch with issues relevant to our job."

– Readers, Digest Asia Ltd

"Excellent! Can interact well with participants."

– NCS Communications Engineering Pte Ltd

"Absolute exciting, fun with a superb sense of humour in presentation and delivery."

– DBS Bank Ltd

"A very enjoyable, cheerful presentation and session delivery is very good."

– Brunei Shell

"I'm very satisfied with this programme and would definitely recommend this beneficial course to my friends."

– Standard Chartered Bank

"Deborah is very vibrant & very lively. Gives very good & simple tips for controlling our emotions & stress."

– National Library Board

"I really enjoy the class, especially the trainer, Deborah. She is great. She gives us valuable points and assist us in our needed. The class is fun too. I would strongly recommend this programme to my friends."

– Sentosa Development Corporation

About Deborah Torres Patel

Deborah Torres Patel is Asia's leading voice and presentation coach. For more than 21 years, she has worked in over 60 countries teaching personal and professional clients to communicate with more confidence and full self-expression.

Educated at Carnegie Mellon University and Boston Conservatory of Music in the USA she holds degrees in Drama, Dance and Voice. She taught at UCLA (Los Angeles), Esalen Institute (Big Sur, California),

PROGRAMME AGENDA

Special Classroom Assignment – Part I

The First Impression is a lasting Impression. Do you know what the first impression you make is? This special session will include an anonymous survey in which, based on the results, we would help identify your strengths and bring out the BEST in you.

1. Bringing your Body to Life

- Taking care of your body, mind & spirit – The importance of warming up the body & voice for work and setting the tone for your day
- Physical exercises for easier articulation and pronunciation, releasing tension, natural body language and gestures that flow from authentically who you are

2. Bringing your Voice to Life

- 3 most important distinctions of vocal production
- Long term vocal fitness warm up for stamina, strength, flexibility, vocal variety and vocal power
- How to make a better first impression on the telephone
- Refining your telephone rapport skills using paralinguistic communication techniques

3. Bringing your Language to Life

- Expressing your inner voice in the external world
- How to get your message across every time
- How to confidently choose the right words

Special Classroom Assignment – Part II

What is the first impression that you leave for people? (Feedback from first impression surveys)

Where you are versus where you would like to be? Choose your 5 most outstanding qualities and integrate.

4. Bringing your Presentation to Life

- Cultivating your charisma
- Refining your rapport skills
- Enrolling Others
- Becoming an active, engaging listener
- Refining your face to face rapport skills

5. Bringing your Audience to Life

- Assertive Enrolment
- Overcoming stage fright
- Juggling, Balancing & Aligning Values & Priorities
- Putting it all together
- How to integrate Expressing You!® easily into your daily life

Los Angeles Unified School District, National University of Singapore (NUS) and (NTU) Nanyang Technological University, Singapore.

Her distinguished client list includes Walt E. Disney Co., Time Warner, IBM, Channel 5 TV Singapore, Dumex/East Asiatic Corporation, Burson-Marsteller, Hong Kong Jockey Club, Hutchison Whampoa and Hutchison Swire Companies.

YES! Please register me / us:

Name of Delegate	Designation	Email
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Approving Manager

Name _____ Designation _____
Email _____ Organisation _____
Address _____
Postal Code _____ Country _____ Tel _____ Fax _____

Methods of Payment

Bank Transfer should be made to

Account Name: **Partners Conference & Event Management Pte Ltd**
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Pay to: OCBC Bank (SWIFT Code: OCBGSGG)
Branch: OCBC Centre

Cheque

Please make your crossed cheque payable to
Partners Conference & Event Management Pte Ltd
Kindly mail your cheque and registration form to:
Partners Conference & Event Management Pte Ltd
30 East Coast Road #02-27 Singapore 428751

Programme Schedule

Registration 08:15 – 09:00 hours

Workshop 09:00 – 18:00 hours

Lunch break, morning and afternoon tea-breaks will be provided for at the workshop.

Fees

S\$495 nett per person.

Special group discounts are available when you register at least 3 delegates.

Registration

For enquiries or registration, please contact:
Partners Conference & Event Management Pte Ltd
(Reg. No. 200210370R) at:
Tel: 65-6288 1273 Fax: 65-6288 1293
Email: enquiries@partners-conference.com

www.partners-conference.com